

aster & vine

HOW TO MAKE A MACRAME NEST



Materials needed:

- 150-foot hank of 4mm Aster & Vine Recycled Cotton Rope
- Scissors
- Tape (optional)

Knots used: Overhand knot, Lark's Head knot, Square knot, Wrap (Gathering) knot

Step 1:

- Cut 1 piece of rope approximately 4 feet long
- Cut 24 pieces of rope, 5 feet each
- Optional: Secure the ends of your rope with tape to prevent fraying. Once you are finished the nest you can cut the tape off.

Step 2:



- Turn your 4-foot-long piece of rope into a loop by joining the ends with an overhand knot



- Using a 5-foot-long piece of rope, fold in half and attach to your loop using a Lark's Head knot



- Continue attaching your 5-foot lengths of rope in the same manner until they are all on your loop

Step 3:



- Create a smaller loop inside your large loop using an overhand knot to join, connecting the Lark's Head knots

Step 4:



- Starting at the back of your work (directly under the overhand knot of Step 3), tie one complete round of square knots



- Continue working in alternating square knots until you have three complete rounds



- Working at the back centre, tie 3 more rows of alternating square knots
 - 1st row: 2 knots
 - 2nd row: 3 knots
 - 3rd row: 4 knots

Step 5:



- Cut an additional length of rope approximately 4 feet long.
- Gather all the cords together



- Use a wrap knot (gathering knot) to join all the pieces of rope from your nest.

Finishing:

- Trim the ends of the rope to your desired length.



This pattern was created by Erica Tjeerdsma of Aster & Vine. This pattern may be used for personal use as well as instructional material for workshops. Please share and tag your work @asterandvine on social media so I can see your creations!