

aster & vine

SPIRAL MACRAME PLANT HANGER



Materials needed:

- 85 feet of Aster & Vine 5mm recycled cotton rope
- Wooden ring
- 3 Wooden beads (1" diameter with 3/8" hole)
- Scissors
- Tape (optional)

Knots used: Wrap (gathering) knot, square knot, spiral knot

Cut Rope:

- Cut 3 pieces of rope, 16 feet long
- Cut 3 pieces of rope, 10 feet long
- Cut 2 pieces of rope, approximately 2 feet long
- Optional: Secure the ends of your rope with tape to prevent fraying. Once you are finished you can cut the tape off.

Step 1: Feed your 6 pieces of rope through your wooden ring so that the ring is at the halfway point of your cords.

Note: you will now have 12 pieces of rope hanging out of your ring, 6 will be approx. 8ft in length, the other 6 will be 5ft.



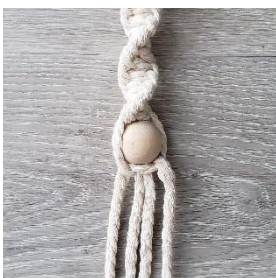
Step 2:

- Gather all of the rope together under the ring and secure it with a wrap knot using a 2-foot length of rope.



Step 3:

- Separate 4 strands of cord, ensure that you have 2 long pieces of rope and 2 short pieces
- With the 2 shorter pieces of rope as your filler cords and using the longer pieces to tie your knots, tie a series of 20 spiral knots
- Repeat this 2 more times with 2 new sets of 4 cords. You will now have 3 main groups hanging from your wrap knot.



Step 4:

- Going back to your original group of cords, thread the filler cords through 1 bead and continue to tie 20 more spiral knots.

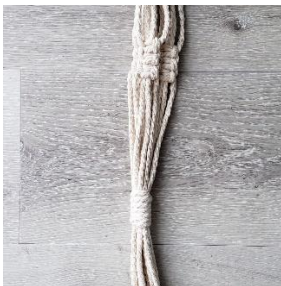


- Repeat this 2 more times with your other groups of cords.



Step 5:

- To make the netting which will hold your plant pot, take 2 cords from one group and two cords from the neighboring group and tie 3 square knots approximately 5-6" below your last spiral knot. Repeat this step two more times until you have three new groups of four.



Step 6:

- Gather all the rope together and using your last piece of 2ft rope, tie a wrap knot approximately 6 inches below your last set of square knots.

Finishing: Trim the ends of the rope to your desired length.

This pattern was created by Erica Tjeerdsma of Aster & Vine. This pattern may be used for personal use as well as instructional material for workshops. Please share and tag your work @asterandvine on social media so I can see your creations!