

aster & vine

BASIC MACRAME KNOTS

Lark's Head Knot

This is the knot most often used to attach rope to a dowel when making a wall-hanging.



- Fold your rope in half
- Bring the loop *in front* of your dowel



- Wrap the loop of your rope from the front to the back



- Insert the two strands of rope through the loop



- Tighten until the knot is snug to the dowel.

Note: This knot can be completed with the rope starting behind the dowel but the “bump” will be hidden at the back of your work. If you want the “bump” in the front start with the rope in front of the dowel, if you want the “bump” behind, start with the rope behind the dowel.

Spiral Knot

This knot automatically twists the more knots you tie. This is a popular knot to use in both wall hangings and plant hangers.



- This knot requires 4 strands of rope. The inner two strands are “filler cords”, the outer two strands are “working cords”



- Take the **right** working cord and fold it *over* the filler cords and *under* the left working cord



- Take the **left** working cord, it stays *over* the right working cord, goes *under* the two filler cords, up *through* the loop and out the other side



- Tighten the knot using the two working cords while holding the two filler cords taut.

Note: This knot can be completed in the opposite direction, to do this start with the left working cord and reverse the steps.



- A series of 6 spiral knots.

Square knot

This is one of the most popular knots used in macramé.



- The first half of this knot is made by following the steps to make a spiral knot.



- To complete the square knot you need to follow the steps used to create a spiral knot but *in reverse*.
- Take the left working cord and fold it *over* the filler cords and *under* the right working cord.



- Take the **right** working cord, it stays *over* the left working cord, goes *under* the two filler cords, up *through* the loop and out the other side



- Tighten the knot using the two working cords while holding the two filler cords taut.



- A series of 3 square knots.
- Square knots will always lay flat, if they start to twist it means that one of the square knots was not completed.
- If you are unsure which side to start from, always take rope from under the “bump” side.