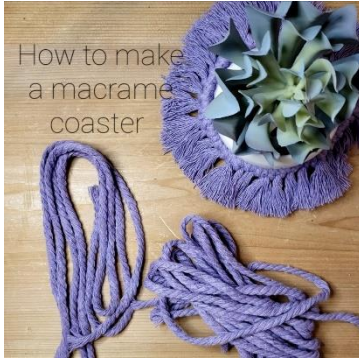


aster & vine

HOW TO MAKE A MACRAME COASTER



Materials needed:

- 60 feet of 4mm or 5mm Aster & Vine Recycled Cotton Rope
- Scissors

Knots used: Reverse Lark's Head knot, Clove Hitch knot

(For a video tutorial of this project check out Asterandvine on YouTube.)

STEP 1 – Starting your loop:

1. Start by cutting 6 pieces of rope: 1x 5ft long, 5x 3ft long.
2. Using your 5ft piece of rope make a loop, leave a long tail of rope to the left and a short one to the right



3. Attach your 3ft pieces of rope using a reverse lark's head knot. Make sure you are attaching the rope to where the loop has doubled up.



4. Once you have attached 5 pieces of 3ft rope you will need to tighten your loop.
5. Pull on the long tail of rope to your left while holding on to where you've attached the rope using reverse lark's head knots. This will tighten the loop and create the center of your coaster.



STEP 2 – Knotting your coaster:

6. Now that you have your inner loop you will be tying clove hitch knots around it in a spiral. The long tail that you used to pull the loop tight is now your filler cord. There will be a short tail remaining from your original loop – this is not going to be used! You can trim it off so that it doesn't get mixed into your other strands of rope (or just tuck it aside and trim when your coaster is complete).



7. With your filler cord in front of your working cords begin tying clove hitch knots.

8. Once you've gone all the way around just continue on. (In this photo you can see the short tail that was left over from the original loop, it does not get used as it will be trimmed off at the end).



9. As you work your way around the coaster you will come to places where there is a large gap between your previous clove hitch knot and your next strand of rope. When you come to one of these gaps you will need to attach another piece of rope. To do this simply cut another piece of rope and attach it to your filler cord using a reverse lark's head knot (as shown below).



- Once you've attached your new strand of rope continue on with your clove hitch knots.
- Be sure to add rope whenever you get to a gap. If you don't add enough rope your coaster will not sit flat.
- When you are cutting new rope to attach, you can cut it shorter the closer you get to the end of your spiral. Start by cutting 3ft lengths and every row you can cut it approx. 6" shorter.

STEP 3 – Finishing your coaster:

10. Continue working your spiral with clove hitch knots and adding new cord whenever necessary. My coaster continued for 6 rounds.

11. When you are happy with the size, trim the ends and brush them out. You can just trim your filler cord to the same size as the rest of your cords and brush it out so that it blends in with all the other cords.